

The Urgency of Time Perspective in Hadith (Thematic Study of Islamic Education in the Era of Generation z)

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Abstrak

Penelitian ini bertujuan untuk mengidentifikasi hadis-hadis yang membahas tentang pentingnya waktu dan menganalisis relevansinya dalam pendidikan Islam di era Generasi Z, khususnya tentang manajemen waktu. Penelitian ini menggunakan metode kualitatif dengan pendekatan tematik terhadap enam hadis yang terkait dengan waktu. Hasil penelitian menunjukkan bahwa hadis-hadis tersebut menekankan pentingnya memanfaatkan waktu sebelum menghadapi keadaan yang penuh tantangan, seperti usia tua, sakit, kesibukan, dan kematian. Lebih jauh, hadis-hadis tersebut menegaskan bahwa waktu merupakan nikmat yang sangat besar yang seringkali diabaikan oleh manusia. Relevansi hadis-hadis tersebut dalam pendidikan Generasi Z menjadi signifikan, mengingat tantangan modern seperti distraksi teknologi dan kurangnya kesadaran tentang manajemen waktu. Pendidikan Islam dapat berperan penting dengan menanamkan kesadaran tentang pentingnya manajemen waktu melalui pembelajaran kontekstual yang sesuai dengan kebutuhan Generasi Z. Dengan demikian, generasi muda dapat dibimbing untuk menjadi pribadi yang lebih disiplin, produktif, dan bertanggung jawab dalam menghadapi kehidupan modern.

Kata kunci: Waktu, hadis, pendidikan Islam, Generasi Z, manajemen waktu

Abstract

This study aims to identify the hadiths that discuss the importance of time and analyze their relevance in Islamic education in the era of Generation z, particularly concerning time management. The research uses a qualitative method with a thematic approach to six hadiths related to time. The results show that these hadiths emphasize the importance of utilizing time before facing challenging circumstances, such as old age, illness, busyness, and death. Furthermore, these hadiths highlight that time is a great blessing that is often neglected by humans. The relevance of these hadiths in the education of Generation z is significant, given modern challenges such as technological distractions and a lack of awareness about time management. Islamic education can play a vital role by instilling an awareness of the importance of time management through contextual learning that meets the needs of Generation z. Thus, the younger generation can be guided to become more disciplined, productive, and responsible individuals in facing modern life.

Keyword: *Time, hadith, Islamic education, Generation z, time management*

Pendahuluan

The importance of time management in Islamic education, especially for Generation z, is emphasized in various studies. ¹ highlight four basic principles of time management in Islam, which emphasize the urgency of using time effectively. ² notes that success is related to the appropriate use of time, as outlined in the Koran, which emphasizes the importance of faith and positive deeds. ³ argues that understanding time management reflects a person's faith and piety, while ⁴ discusses practical steps for effective study time management based on Islamic teachings. Apart from that ⁵ and ⁶ emphasize that respecting time is very important to achieve success in educational activities. Finally ⁷ and ⁸ emphasize the need for religious education to build spirituality and ethical behavior among the younger generation in this fast-paced world. Based on this background, the problem formulation in this research is as follows: 1. What hadiths talk about the importance of time? 2. What is the relevance of these hadiths in Islamic education in the Generation z era, especially in the context of time management in their lives?

This research aims to analyze hadiths that talk about the importance of time and to examine the relevance of these hadiths in the context of Islamic education for generation z. More specifically, this research will explore how teaching about time in hadiths can be applied in helping generation z manage their time wisely in the fast-paced digital era. It is hoped that this research can contribute to the development of generation z's understanding of the importance of time management in Islam. Through this research, it is hoped that practical guidance can be found that can be used by educators to instill awareness in their students about how to use time effectively and in accordance with Islamic teachings. Apart from that, this research can also be material for reflection for generation z in managing their time amidst the increasingly rapid development of technology and digital culture.

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- ¹ Mujahidin, E., Rachmat, R., Tamam, A. M., & Alim, A. (2022). The Concept of Time Management in an Islamic Education Perspective. *Islamic Education: Journal of Islamic Education*, 11(01), 129. <https://doi.org/10.30868/ei.v11i01.2203>
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Research Methods

This research uses a qualitative approach, which aims to explore in depth the hadiths that discuss the importance of time in Islam. A qualitative approach was chosen because it allows researchers to explore a deeper and more interpretive understanding of hadith texts and their relevance in the context of Islamic education in the Generation z era. This approach is suitable for thematic studies that focus on analyzing the content and meaning of the hadiths taken as data source.⁹ A qualitative approach also prioritizes understanding the phenomenon being studied through text study, without prioritizing statistical measurements or generalizations. The type of research used in this study is literature study or literature review with a focus on thematic analysis of hadiths related to time. In this research, researchers will examine hadiths that discuss the importance of time by identifying the main themes contained in the text. This research will also examine how these hadiths can be applied in the context of Islamic education in the digital era, especially for generation z who face challenges in managing time¹⁰

The main source of data in this research is hadiths found in well-known hadith books and recognized authorities, such as *Sabih Bukhari*, *Sabih Muslim*, And *The name of Abu Dawud*. These hadiths will be selected based on their relevance to the theme of time, taking into account the context and application in the daily lives of Muslims (Munawi, 2010). Apart from that, researchers will also use additional references from other scientific works which discuss the concept of time in Islam and its relevance to education, especially for generation z. The data collection technique in this research uses the documentation method, namely by collecting hadiths related to the theme of time. Researchers will access hadith texts through various sources, both printed and accessible online through trusted databases such as Google Scholar and SINTA.¹¹ Each relevant hadith will be analyzed thematically to identify the message the message about time contained in it.

In analyzing the data, this research will use the thematic analysis method. This method aims to identify, analyze and report patterns or themes in the data obtained (Braun & Clarke, 2006). The analysis begins by reading and categorizing the hadiths related to time, then identifying the main themes that emerge from these hadiths. Each theme will be analyzed further to understand its meaning and relevance in the context of Islamic education, especially in relation to time management by generation z. To maintain the validity of the research, researchers will use the principle of data triangulation by collecting data from several different sources, such as hadith books, scientific journals, and other academic references.¹² Researchers will too 5 carry out internal validation of the hadith used by ensuring its validity and authority through reliable sources. However, this study has limitations in terms of limited time and adequate resources, which may affect the depth of analysis.

Results And Discussion

A. The Concept of Time in an Islamic Perspective

Islam pays great attention to time, making it a very important element in human life. In the Qur'an, Allah often swears in the name of time, as in surah Al-'Asr, which states that humans are at a loss except those who use the time to believe and do good deeds (Taufik, 2023). Scholars, such as Al-Ghazali, emphasize that time is a trust that must be managed well, because

⁹ Jw, C., & Jd, C. (2017). *Research Design: Qualitative, Quantitative, And Mixed Methods Approaches*. Sage Publications.

¹⁰ Flick, U. (2018). *An introduction to qualitative research* (6th edition). SAGE Publications.

¹¹ Bungin *Qualitative Research Methodology*. Rajawali 2017

¹² Lincoln, Y. S., & Guba, E. G. (1985). *Naturalistic inquiry* (Reprint)

every second will be held accountable in the afterlife¹³ Time in Islam is also associated with worship activities, such as prayers which are determined based on certain times. This shows that time management is an integral part of a Muslim's life, not only for world affairs but also for the sake of the afterlife.

B. Hadiths about the Importance of Time

Islam places time as a very important aspect in human life. This is reflected in various hadiths of Rasulullah SAW which provide directions and reminders regarding time management. In one hadith, Rasulullah SAW said:

إِعْتَنِمْ خُمْسًا قَبْلَ خَمْسٍ : شَبَابَكَ قَبْلَ هَرَمِكَ وَ صِحَّتَكَ قَبْلَ سَقَمِكَ وَ غِنَاكَ قَبْلَ فَقْرِكَ وَ فَرَاغَكَ قَبْلَ شُغْلِكَ وَ حَيَاتَكَ قَبْلَ مَوْتِكَ

"Take advantage of five things before five other things come: your youth before your old age comes, your healthy period before your illness comes, your rich period before your poor period comes, your free time before your busy period comes, and your life before your death comes." (HR. Nasai & Baihaqi)¹⁴ This hadith emphasizes the need to make the most of every phase of life before more challenging conditions come. Apart from that, another hadith states that the average age of Muslims is between 60 and 70 years.

أَعْمَارُ أُمَّتِي مَا بَيْنَ السَّيِّئِ إِلَى السَّيِّئِ وَأَقَلُّهُمْ مَنْ يَجُوزُ ذَلِكَ

"The age of my people is between 60 and 70 years, and few people can exceed that age" (HR. Ibnu Majah & Tirmidhi).¹⁵ This statement reminds us how limited human time is in the world, so it needs to be filled with useful deeds.

نِعْمَتَانِ مَغْبُورٌ فِيهِمَا كَثِيرٌ مِنَ النَّاسِ ، الصِّحَّةُ وَالْفَرَاغُ

"There are two pleasures that many people are deceived into, namely the pleasure of health and free time." (HR. Bukhari, Tirmidhi, & Ibnu Majah). These two favors are often is wasted even though it has an important role in determining a person's quality of life. Another similar hadith again emphasizes the importance of preparing oneself to face life's changes. Rasulullah SAW said:

إِعْتَنِمْ خُمْسًا قَبْلَ خَمْسٍ : شَبَابَكَ قَبْلَ هَرَمِكَ وَ صِحَّتَكَ قَبْلَ سَقَمِكَ وَ غِنَاكَ قَبْلَ فَقْرِكَ وَ فَرَاغَكَ قَبْلَ شُغْلِكَ وَ حَيَاتَكَ قَبْلَ مَوْتِكَ

"Prepare five things before five things come: the time of your life before the time of your death, the time of your health before the time of your illness, the time of your leisure before the time of your busyness, the time of your youth before the time of your old age, and the time of your wealth before the time of your poverty" (HR. Baihaqi) (News, t.t.-b). This hadith teaches the importance of being proactive in utilizing time.

Furthermore, on the Day of Judgment, humans will be asked to account for how the time in their lives has been used.

لَا تَزُولُ قَدَمَا عَبْدٍ يَوْمَ الْقِيَامَةِ حَتَّى يُسْأَلَ عَنْ عُمُرِهِ فَيَمَّا أَفْنَاهُ وَعَنْ عِلْمِهِ فَيَمَّا فَعَلَ وَعَنْ مَالِهِ مِنْ أَيْنِ اكْتَسَبَهُ وَفَيَمَّا أَلْفَقَهُ وَعَنْ جَسَمِهِ فَيَمَّا أَبْلَاهُ

Rasulullah SAW explained that humans will be asked about the age they have spent, the youth they have spent, the wealth they have acquired and spent, and the deeds they have done

¹³ Al-Qosimi, S. Jamaluddin. (2016). *White Book of Ihya' Ulumuddin Imam Al-Ghazali* (5 ed.). PT. Darul Falah

¹⁴ 3 Types of Hadith Thematic Study Models. (n.d.). NU Online. Retrieved December 15, 2024, from <https://nu.or.id/ilmu-hadits/3-ragam-model-kajian-tematik-hadits-o9v7h> Abdurrahman Ahmad ibn Syu'aib, A.-N. (1991). *Kitab Sunan al-Kubra, Tahqiq: Abd. Al Ghaffar Sulaiman al-Bandari & Sayed Kasrui Hasan*. Dar al-Kitab 'Ilmiah.

¹⁵ Abi Abdullah Muhammad bin Yazid, A. Q. (2004). *Presented by Ibnu Majah*. Baitul Afkar Dawaliyah. Abu Isa Muhammad bin Isa bin Shuroh, A. T. (1983). *Sunan at Tirmidhi: Al jami' as shobih*. Beirut Dar al Fikr.

¹M. Asy'ari, ²Nur Aini

based on the knowledge they have (HR. Tirmidhi). This message shows that time is a trust that must be managed responsibly.

As a final reminder, the Prophet SAW gave advice to Abdullah bin Umar which read:

عَنْ عَبْدِ اللَّهِ بْنِ عُمَرَ رَضِيَ اللَّهُ عَنْهُمَا قَالَ أَخَذَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ بِمَنْكِبِي فَقَالَ كُنْ فِي الدُّنْيَا كَأَنَّكَ غَرِيبٌ أَوْ عَابِرُ سَبِيلٍ وَعَدَّ نَفْسَكَ مِنْ أَهْلِ الْقُبُورِ وَكَانَ ابْنُ عُمَرَ يَقُولُ إِذَا أَمْسَيْتَ فَلَا تَنْتَظِرِ الصَّبَاحَ وَإِذَا أَصْبَحْتَ فَلَا تَنْتَظِرِ الْمَسَاءَ وَخُذْ مِنْ صِحَّتِكَ لِمَرْضِكَ وَمِنْ حَيَاتِكَ لِمَوْتِكَ

From Ibn Umar Radiyallahu anhumah, he said, "Rasulullah Shallallahu 'alaihi wa sallam held both of my shoulders and said, *"Be you in this world like a stranger or a traveler passing through a road."* Abdullah bin Umar added: *"If you are in the afternoon, don't wait until morning. If you are in the morning, don't wait until the afternoon. Take advantage of your healthy time before you get sick, and your life time before you die."* (HR. Bukhari). This message shows the importance of not procrastinating in filling time with useful things.

The hadiths above provide a clear picture that time is a valuable asset that should not be wasted, especially for generation z who live in an era full of distractions. Implementing these values in Islamic education is a strategic effort to form a generation that is able to use their time productively and meaningfully.

C. Time Management Challenges in the Generation z Era

Generation z, born in the digital era, faces big challenges in managing time. The availability of technology and social media often becomes a significant distraction, diverting their attention from productive activities.¹⁶ A study shows that the average time Generation z spends on social media reaches 4-5 hours a day, which can affect their focus on religious or educational activities.

In the context of Islamic education, this challenge must be responded to with an innovative approach. Educators need to integrate Islamic values regarding time management into the curriculum, using methods that are relevant to the learning styles of Generation z. An example is the use of Islamic-based learning applications that can remind you of prayer times or other worship activities.

D. Implementation of Time Management Values in Islamic Education Islamic education can be a means of instilling time management values in Generation z. One way is through the habit of disciplined worship, such as praying on time, which teaches the importance of respecting time. In addition, Islamic-based mentoring programs can help students understand how to use time effectively to develop their potential. Implementing this method requires collaboration between educators, parents and educational institutions. With a holistic approach, these values can become part of students' daily lives, helping them face the challenges of the digital era without neglecting aspects of spirituality.

E. Relevance to Islamic Education in the Digital Era

Hadiths about the importance of time have strong relevance to Islamic education in the digital era. The concept of time management taught by Rasulullah SAW can be a foundation for Generation z to face the challenges of multitasking and technological distractions. Through a thematic approach, educators can use these hadiths as main material to build awareness about the importance of time in modern life.

Conclusion

Time has a very important role in human life, especially from an Islamic perspective. Generation z, who lives in an era that is completely digital and full of distractions, is faced with

¹⁶ Twenge, J. M. (2017). *Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy*. again.

big challenges in making optimal use of their time. In this context, Islamic education functions as a guide that offers time management principles sourced from the Koran and hadith. The Qur'an explicitly reminds humans about the importance of time through verses such as in surah Al-'Asr, which emphasizes that every human being is at a loss except those who fill their time with faith, pious deeds, advising each other in the truth, and patience. The hadiths of the Prophet Muhammad SAW complement this message with practical directions for utilizing the five phases of life; youth, health, wealth, leisure, and life before the five opposing conditions come. Through thematic analysis of hadiths related to time, it can be seen that Rasulullah SAW paid great attention to the importance of appreciating and utilizing time. He reminded people about the limitations of age and the need to take advantage of every opportunity to do good deeds. By understanding and internalizing values. With this value, generation z can be directed to become individuals who are productive, responsible, and able to fill their lives with meaningful things in accordance with Islamic teachings. Islamic education, with a relevant and contextual approach, can be a strategic solution to help generation z understand the urgency of time. This education not only functions as a transfer of knowledge, but also as a means to build character and spiritual awareness so that time is used effectively for success in this world and the hereafter.

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